

## Book list by topic to use with Children and Young people



Title/ category	Author	Age group
<b>GENERAL BOOKS TO EXPLORE DEATH WITH CHILDREN</b>		
I Miss You (2012) – <i>a first look at death</i>	Pat Thomas	Early years
Lifetimes (1983) – <i>Tells about beginnings endings and lifetimes in between</i>	Bryan Mellonie & Robert Ingpen	Early years
Is Daddy Coming Back in a Minute? (2016)– <i>Explaining a sudden death to young children</i>	Elke and Alex Baker	Early Years Primary
When Dinosaurs Die (1998) – <i>a story guide to understanding death</i>	Laurie Krasney Brown & Marc Brown	Primary
What Does Dead Mean? (2013) - <i>exploring questions children might have about death</i>	Caroline Jay & Jenni Thomas	Early years Primary
Let's Talk About When Someone Dies (2018) – <i>starting conversations with children about death and bereavement</i>	Molly Potter	Primary Young Teens
Always and Forever (2013) - <i>a storybook to read together</i>	Alan Durant	Primary
<b>TALKING TO CHILDREN ABOUT FUNERALS</b>		
What Happens When Someone Dies – <i>a book for adults and children to share together when talking about a funeral</i>	Available from SeeSaw and online	Early years Primary
What Happened to Daddy's Body? (2016) – <i>explaining what happens after death to young children</i>	Elke and Alex Baker	Early years
<b>HELPING CHILDREN TELL THE STORY OF WHAT HAPPENED</b>		
There's No Such Thing as a Dragon (2009) – <i>a story version of the elephant in the room</i>	Jack Kent	Primary
A Terrible thing Happened (2000) – <i>for children who have experienced a sudden death or witnessed a traumatic event</i>	Margaret M. Holmes	Primary
Someone Has Died Suddenly – <i>for children and adults to read together</i>	Mary Williams (Produced by Sudden and Brake charities <a href="http://www.suddendeath.org">www.suddendeath.org</a> )	Primary Young Teens
<b>TALKING ABOUT FEELINGS</b>		
How Are You Feeling Today? (2014) – <i>talking about feelings and ways to manage them</i>	Molly Potter	Primary
The Bear Cards – <i>Picture cards to explore feelings with young children</i>	Published by Qcards	Early years Primary
Feelings Blob cards – <i>blob cards useful for exploring difficult feelings</i>	by Speechmark	Primary Adolescents
Have You Filled Your Bucket Today? (2016) - <i>the benefits of making others happy and being happy ourselves</i>	Carol McCloud	Primary
Feelings: Inside my heart and in my head (2016) – <i>helping children explore feelings</i>	Richard Jones & Libby Walden	Primary
Glad to be Dan (2016) - <i>Discover how mindfulness helps Dan to be happy every day.</i>	Jo Howarth, Jude Lennon, Trev Howarth	Primary
The Boy who Built a Wall Around Himself (2016) – <i>a simple metaphor helping children explore feelings and regain trust</i>	Ali Redford	Primary
Just Feel (2019) – <i>how to be stronger, healthier, happier and more</i>	Malika Chopra	Primary Young Teens

You, Me and Empathy (2017) - <i>teaching children about empathy and kindness</i>	Jayneen Sanders	Primary
<b>ANXIETY AND WORRIES</b>		
Starving the Anxiety Gremlin (2013)– <i>a cognitive therapy workbook on anxiety management for adolescents</i>	Kate Collins - Donnelly	Adolescents
The Huge Bag of Worries (2004) – <i>a story exploring how to share worries when they become so heavy to carry</i>	Virginia Ironside	Primary
What to Do When you Worry Too Much (2005)– <i>a guide to overcoming anxiety</i>	Dawn Huebner	Primary Young Teens
Silly Billy (2007) – <i>A storybook about worrying too much</i>	Anthony Browne	Primary
Ruby’s Worry (2018) – <i>a story about sharing worries</i>	Tom Percival	Primary
The Panicosaurus (2013) – <i>managing anxiety in children including those with Asperger’s syndrome</i>	K.I. Al-Ghani	Primary Young Teens
The Invisible String (2018) – <i>a storybook to encourage continuing bonds and help with separation anxiety</i>	Patrice Karst	Primary
The Invisible String Workbook (2019) - <i>creative activities to comfort, calm and connect</i>	Patrice Karst	Primary
No Matter What (2003) - <i>a storybook to reassure children</i>	Debi Gliori	Primary
<b>ANGER</b>		
Starving the Anger Gremlin (2012) – <i>a cognitive behavioural therapy workbook on anger management for young people</i>	Kate Collins - Donnelly	Adolescents
The Red Beast (2008) - <i>controlling anger in children with Asperger’s syndrome</i>	K.I. Al-Ghani	Primary Young Teens
A Volcano in my Tummy (1998) – <i>Helping children to handle anger</i>	Eliane Whitehouse & Warwick Pudney	Primary Young teens
<b>SLEEP PROBLEMS</b>		
What to Do When You Dread Your Bed (2008) – <i>a guide to overcoming sleep problems</i>	Dawn Huebner	Primary Young teens
The Owl Who Was Afraid of the Dark (2008) – <i>story book about a baby owl who was afraid of the dark</i>	Jill Tomlinson	Primary
The Magic Bed (2004) – <i>a storybook to begin a conversation about sleep problems</i>	John Burningham	Primary
<b>BUILDING MEMORIES</b>		
Memory Bottles (2009) – <i>storybook to encourage building memories</i>	Beth Shoshan	Primary
Muddles Puddles and Sunshine – <i>an activity book for children when someone has died</i>	Winston’ Wish	Primary
Remembering – <i>an activity book to talk and remember the person who has died</i>	Child Bereavement Charity	Primary
The Memory Tree (2014) – <i>A storybook for children about remembering the person who has died</i>	Britta Teckentrup	Primary Young teens
The Memory Puzzle - <i>an activity book to help children remember their loved one</i>	Seesaw	Primary
<b>EXPLORING GRIEF WITH CHILDREN</b>		
The Scar (2011) – <i>a storybook that explores children’s grief</i>	Charlotte Moundlic	Primary
The Heart and the Bottle (2010) – <i>a storybook that explores children’s grief</i>	Oliver Jeffers	Primary
A Sky of Diamonds (2015) – <i>a storybook for children about death grief and hope</i>	Camille Gibbs	Primary

Sometimes Life Sucks – when someone you love dies (2010) - <i>helping teens to navigate their personal experience of grief</i>	Molly Carlile	Adolescents
When a Friend Dies (2019) - <i>a book for teens about grieving and healing</i>	Dr Marilyn E Gootman	Adolescents
<b>WHEN SOMEONE IS DYING</b>		
Fox and Goldfish (2016) – <i>a picture storybook to explore thoughts and feelings when someone is dying</i>	Nils Pieters	Primary Young teen
A sick day for Amos McGee (2018) – <i>supporting someone who is ill</i>	Philip C Stead	Primary
Only One of Me – a love letter from Mum (2018) - <i>a poetic book written by a dying parent for their child</i>	Lisa Wells & Michelle Robinson	Primary
Only One of Me - a love letter from Dad (2018) - <i>a poetic book written by a dying parent for their child</i>	Lisa Wells & Michelle Robinson	Primary
Who Will Do My Hair? (2010) - <i>story of a young girl whose Mummy is dying</i>	Rachel Smith	Primary
Sometimes it Happens: Someone Special Dies (2020) - <i>a comforting book to help children deal with the reality of sickness and death</i>	Annette Blake	Primary
<b>GRANDPARENTS DEATH</b>		
A Place in my Heart (2007) – <i>a storybook following the death of a grandfather</i>	Annette Aubrey	Early years Primary
Grandad's Ashes (2007) – <i>a story of grandad's ashes and the family's adventures in trying to find Grandads favourite place to spread them</i>	Walter Smith	Primary
Grandad's Island (2015) – <i>a storybook following the death of a grandfather</i>	Benji Davies	Primary
If all the World Were (2018) – <i>a poetic book about love between a girl and her Grandad</i>	Joseph Coelho & Allison Colpoys	Primary
Where's Grandad? (2012) - <i>a storybook following the death of a grandfather</i>	Jennifer Taggart	Primary
The Gift (2010) – <i>a story about a young girl's journey through life</i>	Carol Ann Duffy	Young Teen
Ladder to the Moon (2017) - <i>a story about the relationship between a grandmother and her grandchild</i>	Maya Soetoro-Ng	Primary
<b>SIBLING DEATH</b>		
The Coat I Wear (2014)– <i>a storybook following the death of a sibling</i>	Mel Maxwell	Primary Young Teen
Stewart's Tree (2018) - <i>a book for brothers and sisters when a baby dies</i>	Cathy Campbell	Primary
Sad About Sammy (2014) – <i>a family resource for children experiencing sibling loss and grief</i>	Valette Sopp & Tonya Southwick	Primary
Where are you Lydie? (2019) - <i>to support siblings after the death of a baby</i>	Emma Poore	Primary
<b>TALKING ABOUT SUICIDE WITH CHILDREN</b>		
Luna's Red Hat (2015) – <i>a storybook for children who have experienced someone dying by suicide</i>	Emmi Smid	Primary
Red Chocolate Elephants (2010) – <i>a resource for parent and child to read together with interactive activities</i>	Dr Diana Sands	Primary
Rafi's Red Racing Car (2017) - <i>explaining suicide and grief to young children</i>	Louise Moir	Early Years Primary

<b>STORIES TO SUPPORT CHILDREN WITH ADDITIONAL NEEDS</b>		
Remembering Lucy (2017) – <i>uses clear specific language and offers practical activities</i>	Sarah Helton	SEND
Goodbye Daisy (2018) – <i>aimed at children with a profound learning disability about the death of a school friend</i>	Stephanie Nimmo	SEND
We All Grieve - <i>for adults who are supporting SEND children through a bereavement</i>	Winston's Wish	SEND
I have a Question about Death (2017) – <i>a book for children with Autism disorder or other special needs</i>	Arlan Grad Gaines & Meredith Englander Polsky	SEND
A New Day (2017) – <i>a story about losing someone you love – illustrated book to help those with PMLD or very young children to process loss and bereavement.</i>	Fiona McDonald	SEND or early years
<b>ON THE DEATH OF A TEACHER IN SCHOOL</b>		
The Copper Tree (2012) - <i>to help children in the school community process the death of a teacher</i>	Hilary Robinson & Mandy Stanley	Primary