

## SeeSaw Lockdown Local Cycling Event

Many more people are enjoying cycling around Oxfordshire than ever before. The roads are less busy, and the weather has been very kind recently (touch wood). This is a great way to get fit and see more of the beautiful Oxfordshire countryside whilst raising vital funds to support bereaved children and young people in Oxfordshire.

The unwelcome arrival of COVID-19 has meant that all of SeeSaw's planned events have been cancelled or postponed. However, you can still help us raise vital funds to support our work by taking part in the SeeSaw Lockdown Local Cycling Event.

SeeSaw supporters Simon and Lily completed the equivalent of cycling from Lands End to John O'Groats recently. They planned their event over an 8-week period and mapped their progress as they went along. They raised an amazing £2,420.88 for SeeSaw! Here is their story: <https://www.justgiving.com/fundraising/lily-and-simon-priscott>

But you don't have to cycle that far – this is how it works:

- ★ You choose your distance (suggestions below)
- ★ You choose when and where you cycle
- ★ You choose whether to do it on your own or with others
- ★ You choose how long it takes
- ★ It's free to enter – we'll even give you a SeeSaw tee-shirt to wear
- ★ Set up a fundraising page on Justgiving and aim to raise a minimum sponsorship of £150
- ★ Remember – it's your race, at your pace

Route 1     84 miles – Oxford to Cambridge  
Route 2     140 miles – Oxford to Swansea  
Route 3     367 miles – Oxford to Edinburgh  
Route 4     874 miles – The Big One - Lands End to John O'Groats

You can find some fantastic suggestions for cycling routes around Oxfordshire here:

<https://www.komoot.com/guide/50170/cycling-in-oxfordshire>