



Grief Support
for the Young in Oxfordshire

*"The great little charity
with the big heart"*

Annual Review 2007-2008



Registered Charity Number 1076321

SeeSaw *Grief Support for the Young in Oxfordshire*

Oxfordshire children's charity SeeSaw has been called "The great little charity with the big heart". SeeSaw supports young people who may be struggling to come to terms with the death of a mum, dad, sister or brother.

Our primary aim is to give bereaved children in difficulty the support they need, so that they can move forward and face the future with hope.

Because our volunteers give their time for nothing and several members of our small core staff are part time, we are able to keep the costs of our service to a minimum.

This means that for £290,000 a year we are able to provide a service to the whole of Oxfordshire, offering advice and support to families, advice and training to professionals, literature and resources and dedicated, tailored grief support for children and young people.

SeeSaw is a charity and relies on donations from the local community, the corporate sector and charitable bodies. A big 'thank you' to everyone who has supported us so far, and helped us to keep our much relied upon service going.

Table of Contents	PAGE
Director's Message	3
Our Volunteer Support Workers	4
Friends of Seesaw/Our Volunteer Fundraisers	5
2007-08 News	6
Plans for 2008-09	7
Resources and Telephone Support	8
SeeSaw's 'Side by Side' Initiative	9
Our Pre-Bereavement Work and Work in Schools	10
2007-08 Statistics	11
Summary of Financial Activities	12
Balance Sheet	13
SeeSaw in Oxfordshire	14
SeeSaw's Trustees, Message from Chair of Trustees	15



Registered Charity Number 1076321

SeeSaw is a company limited by guarantee registered in England and Wales, No. 3790965, Registered Office:

Bush House
2 Merewood Avenue
Oxford
OX3 8EF

T **01865 744768**
www.seesaw.org.uk

Director's Message

Welcome to SeeSaw's Annual Review for 2007-2008. It's always a pleasure to be able to report on what we've been doing, and to let you know what we're hoping to achieve next year. When I'm asked to speak about the work of SeeSaw, I often say that I have the best job in Oxfordshire – I hope that this review will help to explain why.

As a small, local charity providing support for grieving young people, we are really proud of what we've achieved in the last 12 months. Our small staff team has been busier than ever responding to requests for help from families, with the number of children supported up by a staggering 26% on last year. As our reputation grows, we have received calls from more families and professionals, often about complex and moving circumstances.

I'm delighted to report that we've been able to respond in virtually all cases within 24 hours and we continue to maintain our reputation for timely, expert, caring advice and guidance when needed. Many other services have to operate some form of waiting list, so our team of volunteer support workers and staff can feel very proud that no family that seeks SeeSaw's support has had to wait for help. Families also tell us that they appreciate being visited at home, especially those who live in the more rural areas of Oxfordshire, and at a time that suits them. You can read a little more about the work of our volunteer support workers and staff on pages 4 and 8-10, but I'd like to take this opportunity of saying a massive **THANK YOU** to them.

Last year we set ourselves an ambitious target for funds to meet our essential expenses and to increase our reserves so that we'd be able to continue at the current level as our single major source of guaranteed funding finished in August 2008. So we had major celebrations when we exceeded our target. This enabled us to fulfil our long-cherished dream of starting to expand the range of help we can offer; you can read about our new 'Side by Side' initiative on page 9.

However, we can't rest on our laurels. There's talk of a recession – so we know we'll have to work extra hard to bring in sufficient funds again, each and every year. This year, thanks to funding from 'Awards for All', we're focussing on supporting our existing fundraising volunteers and recruiting new ones, so that as many Oxfordshire people as possible can play a part in supporting bereaved children.

As we reached the major milestone this year of having helped over 1500 children, let me reassure you that every penny raised really does go towards supporting bereaved young people. With your generous support, we look forward to helping even more.



“As demand for our service increases, it's even more important that we raise the funds we need to make our service sustainable. For SeeSaw, this is the year of the Fundraising Volunteer”.

Our Volunteer Support Workers

SeeSaw carries out much of its work using a team of volunteer support workers who are recruited from the Oxfordshire community. These are very special individuals who have the qualities necessary to work with bereaved children. After at least 40 hours of training, and with regular ongoing training, they 'walk alongside' bereaved children and young people who are in need of extra support, visiting them at home to listen to their fears and concerns, giving them space and using activities to help them share their feelings.

Each volunteer support worker has a 'tool kit' of bereavement support resources. A child or young person might make what is called a 'salt jar' of memories, or decorate a picture frame to hold a special photograph. Another child might fill in a workbook specially designed to help them draw and describe their thoughts and feelings and remember the person who has died. One of the most popular activities is to decorate and fill a 'memory box'.



Nine year old Suzy was not sure what to put in her memory box, but when asked what she missed most about her mummy, she said 'I miss her cuddles most.' With the help of her support worker, she found a special red sweater which was 'Mummy's special snuggly jumper'. Next to go in was a scarf sprayed with Mummy's favourite perfume, lots of photographs and a birthday card she'd given Suzy. Suzy found all of the things she needed to help her hold on to what she was afraid of losing, her precious memories. Asking her dad to help her find items meant that they were able to share their memories and talk more openly together. Over the following months and years, they were able to look through the box regularly and add to it when Suzy thought of something new.

This year SeeSaw has been very lucky to have Clare Wagner join us as our first office volunteer. Her regular, committed help has made a huge difference.

"It was very fun and it made me feel happier. Thank you."

"The best thing was when we decorated the biscuits. We can talk to our Support Worker about anything. She doesn't make you talk about things you don't want to talk about, which is good".

The Friends of SeeSaw Initiative

A Friend of SeeSaw is anyone who makes a regular commitment to us, has organized a fundraising event, helped out at an event or raised money in any way. If you're already a Friend, you should be receiving our regular newsletter and will be invited to occasional events which give a 'behind the scenes' insight into our work.

If you'd like to become a Friend of SeeSaw, call me, **Jane Elliott** on **01865 744768** or email me at **fundraiser@seesaw.org.uk** I'll be happy to send you a standing order form if you'd like to make a regular donation, or a fundraising pack with tips and ideas about how you can raise money.



*Jane Elliott,
Fundraiser*

Our Fundraising Volunteers

SeeSaw's truly fantastic fundraising volunteers raise a significant proportion of the money that keeps our service going. One page is not enough to thank everyone in person. However, here are some of the ways in which our volunteer fundraisers have supported SeeSaw in the last year.



FOLLOWING AN INTEREST OR ENTHUSIASM

A special interest is often the starting point for raising money for SeeSaw. Watercolour lessons, opening gardens to the public, holding coffee mornings and motorbike rallies or events are just some of the ways in which wonderful people have helped us this year. Thank you everyone.

OFFERING A HELPING HAND

SeeSaw is always looking for volunteers to help at events we are organizing, such as our Christmas wrapping in shops in Oxford in December, manning a stall at a show, fair or exhibition or helping with stewarding or refreshments at our bigger events. A huge thank you to everyone who has turned up at one of our events this year and given their time to help out.

GETTING PHYSICAL

It is fantastic motivation to get or stay fit when you are raising money for a good cause. We've had a cycle ride from Lands End to John O'Groats, a sky-dive, and even a sponsored trampoline bounce. Thank you to all of our fit friends out there who've gone that extra mile (often quite literally) for SeeSaw.

ROLLING OUT A GREAT EVENT IDEA

Another way our fundraising volunteers help SeeSaw is to hold an event thought up by SeeSaw. For example our Summer Sausage Sizzle, where fundraisers all over Oxfordshire got out their barbeques and entertained friends and family in return for donations. Thanks to everyone who sizzled sausages and joined in with other SeeSaw events.

SERVING ON A FUNDRAISING COMMITTEE

With the really big fundraising events, a Committee is formed to share the workload. Our Candlelit Dinner in March and our Summer Fair in May are two examples where committees worked extremely hard to bring in enormous sums of money for SeeSaw. Thank you so much to everyone who has served on a committee for SeeSaw this year.



2007-08 News

This year we have had to say “goodbye” and “welcome” a number of times. Our fundraising coordinator Barbara Williams moved on to pastures new after a very successful and happy two years with SeeSaw, raising SeeSaw’s profile, particularly within the corporate field. Our new fundraiser Jane Elliott joined us in December with a wealth of local knowledge and great enthusiasm and commitment to the work of SeeSaw.



Joanna McIntyre

One of our founder trustees, Joanna McIntyre, retired after eight years’ service, but we are delighted that she has agreed to become one of our first ‘Friends of SeeSaw’, where her kindness and generosity will continue to benefit SeeSaw. Our most recent trustee, Jacqueline Worswick, brings expertise in governance and palliative care alongside a passionate belief in the need for local child bereavement services.

Our Patrons continued to help raise our profile. Lady Sylvia McLintock and Virginia Grant joined us at a fabulous fundraising dinner at Le Manoir aux Quat ‘Saisons hosted by Raymond Blanc. Our third patron, Raymond Blanc, also publicised an Open Day at Oxford Old Court in aid of SeeSaw.

New Year saw the seventh training course for volunteer support workers and by Easter we were welcoming Diana, Elpie and Maxine to the group that now totals 14. We’re particularly pleased that they live in areas of the county previously without support workers, so we are better able to meet needs in those areas.

We have benefited enormously from the final full year of funding from Macmillan Cancer Support, without whom our pre-bereavement project could never have got up and running. I am delighted to report that we’ve been able to secure ongoing funding for the next three years to cover a significant proportion of the costs of this work.



Colin Dexter

In March our Candlelit dinner was organised independently by a committee of volunteers with Colin Dexter as our guest speaker. This proved an overwhelming success, raising £32,500. We also had another outstanding Summer Fair. Organised by another wonderful committee, the Summer Fair has become a much looked forward to event which not only raises money, but raises SeeSaw’s profile throughout Oxfordshire.

As ever, there has been some superb support from the local community and from local companies – see page 14 for more about SeeSaw working with the Oxfordshire community.

To end with yet another piece of great news – SeeSaw was able to launch our ‘Side by Side’ initiative in April, with Jenny Hyson and six volunteers running a second family activity day at Cothill School in June. See page nine for details of this exciting initiative.

SeeSaw's Plans for 2008-09

2008-2009 is a year for consolidating SeeSaw's service. Demand for our service continues to grow steadily as SeeSaw's reputation spreads and we focus on areas of the county previously under-represented. Referrals of complex cases are increasing. In addition, listening to children and their families' needs has told us that they would value more opportunities to meet one another, and we hope to build this into our service through our new 'Side by Side' Initiative. Our aim is to continue to respond to needs without making significant changes to the type of support we offer or to whom we offer it.



We've had partial success in replacing secure funding for our service. We aim now to build on our successes to ensure the continued strength, dependability and financial viability of the service. Our key aims are listed below, together with our strategies for meeting them.

Aim 1: to provide a high-quality support service for bereaved children in Oxfordshire. To achieve this through:

- ensuring that we employ specialist, experienced staff who can assess families' needs thoroughly and quickly and who can provide consultation and training to adults in contact with bereaved children;
- continuing to provide our highly valued Pre-Bereavement service to families where a death is anticipated, seeking funding to ensure its continuation;
- continuing to train and supervise volunteers to provide direct support to children and young people.

Aim 2: to continue to improve our service. Through our 'Side by Side' initiative we will respond to the need for more opportunities for bereaved families to meet each other. We will recruit and train new volunteers to support this aspect of our service. We will seek to raise specific funds to expand these opportunities.

Aim 3: to expand our reach within Oxfordshire – by promoting the service in less well covered parts of the county, with outreach by our Schools and Families Support Worker.

Aim 4: to improve further our fundraising capability – by maintaining the diversity of our funding sources. This includes continuing our focus on grants and trusts, building our base of corporate donors, strengthening relationships with supporters and recruiting new fundraising volunteers and supporting community fundraising initiatives.

Aim 5: to increase our efficiency – through maximizing the use of volunteer time for our administrative work and improving the efficiency of our communication with supporters using new technology.

A detailed Business Plan is available by request from SeeSaw.



SeeSaw's Telephone Support



Dianne Stafford

When a family member or a professional contacts SeeSaw for advice or support, I am the person they will usually speak to first. I give them time to explain their situation, and advise them on what SeeSaw can offer. In addition to our face-to-face work with families, children and professionals, SeeSaw provides telephone support to a wide range of people about a wide range of concerns about bereaved children.

For example:

- a parent concerned about a child who is wetting the bed;
- a teacher worried about the behaviour of a pupil;
- a Macmillan nurse unsure about how to talk to the child of her terminally ill patient;
- a GP who would like advice about how to support a family who have suffered a traumatic bereavement;
- a grandparent concerned about their grandchildren attending an upcoming funeral.

"I know you are at the end of the phone"

SeeSaw's Resources

SeeSaw's staff and volunteer support workers use a variety of resources for our work with children, such as books, workbooks, memory boxes (see page 4 for an example of how a memory box is used), archive quality scrapbooks and arts and crafts materials used in activities.

Also within our resources budget is the cost of producing our information leaflets and booklets, which we provide free within Oxfordshire and at a small cost out of county for children, parents, schools and professionals.

These include:

- a special leaflet for fathers of bereaved children;
- a fold out wallet-sized leaflet for teenagers which was written with teenagers – this has proved so popular that it has been reprinted for the third time;
- an in-depth advice pack for teachers supporting a bereaved child with special needs;
- our schools information pack.



Our 'Side by Side' Initiative

I joined SeeSaw in 2006 for three days a week, as the new Children and Families Support Worker. SeeSaw's caseload was increasing, and they needed another clinical member of staff to help to meet the demand. Now this has been increased to four days a week, so that I can run SeeSaw's new 'Side by Side' Initiative.

The 'Side by Side' Initiative is a direct response to listening to the requests of both children and adults who have used SeeSaw's service. Many said they wished that they had more opportunity to meet others who had gone through similar experiences, because grief can be very isolating.

Last year I piloted a series of coffee mornings for a group of bereaved parents with toddlers, giving them the chance to meet and share their experiences and coping strategies. I also piloted two Family Activity days giving families the chance to get together and do a variety of fun activities.

The response to the pilots was overwhelmingly positive – and we've taken on board the comments of all who attended to shape future groups and days.

'I enjoyed most meeting new people and having really cool activities to do'

Boy who attended Pilot Family Day

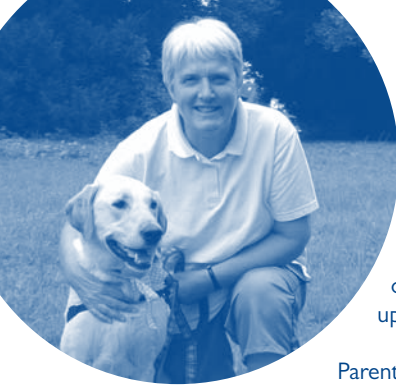


Jenny Hyson



It will cost £32,500 to fund the 'Side by Side' initiative for the next three years. SeeSaw is seeking grants from Charitable Trusts, Charitable bodies and the corporate sector in order to secure this important work. If you are in a position to recommend SeeSaw for a grant please get in touch with SeeSaw.





Our Pre-Bereavement Project

I support children and families when a child's parent or their brother or sister is going to die. With the help of my dog 'Do-Good', I build up a relationship with the child and the family before a bereavement.

*Kathy Moore and
Do-Good*

Parents and carers may feel anxious about talking to their children. I am there to reassure them that they have the skills required to decide when and how to talk to their children about what is happening, and that they *can* find the right words. The children find it useful to talk things through with me as someone outside the family, and often talk about their fears and concerns. I encourage all family members to communicate with each other. I also help them to find ways to say goodbye and to remember. If a child asks me to come to the funeral, I will be there to support them.

Finally, I also give advice, support and training to professionals who work with children facing bereavement.

"Kathy is a brilliant and friendly person to us all"

Child supported by SeeSaw

Our Schools Project

Teachers cope with many vulnerable young people in their day to day teaching lives, but many feel a rise in anxiety levels when faced with a child or young person who has been devastated by the death of someone they love. What to do, what to say, and what to expect are all issues that staff grapple with and it is my job to help them find the answers.

We know that children suffer when someone close to them dies – they often lose concentration, they may have emotional outbursts, they can become withdrawn or aggressive, they are tired, they feel alone and they are hurting. School staff have the ability to make an enormous difference to the way children cope in school, and often only need the right information and support to give them the confidence and understanding to share the child's bereavement journey. My job is to meet with teachers, or be on the end of a phone to offer whatever advice, information and training that is needed to enable them to confidently and sensitively offer appropriate support to a grieving child in their care.



Chris Druce

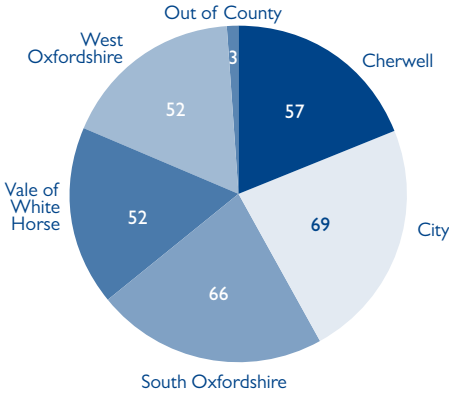
I also provide training and telephone support to other professionals working with bereaved children.

"Chris gave me confidence that I was doing the right thing"

Teacher supported by SeeSaw

Statistics from 2007-08

Children visited

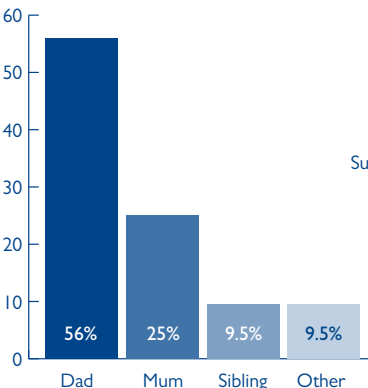


- 408 children in 214 families were given dedicated support. This is a **26% increase** on 2006-07.
- Of these, 299 children in 148 families received at least one visit in the family home, and we have provided some further information about the circumstances in the graphs and charts on this page. Of all the children seen, 14% were described as 'non-white'.
- 10 families attended the Family Activity Day with 15 children taking part, whilst 9 parents and carers attended 8 coffee mornings.
- Our Schools service provided telephone advice to over 80 staff and saw 110 staff in person to discuss a pupil in their care. In addition, over 190 school staff attended training sessions.
- SeeSaw staff also provided specialist training for over 120 professionals, over 100 conference delegates and 300 school pupils.
- Our telephone advice and consultation to other professionals was accessed by over 140 professionals, including GPs, health visitors, social workers, youth justice teams and faith leaders.

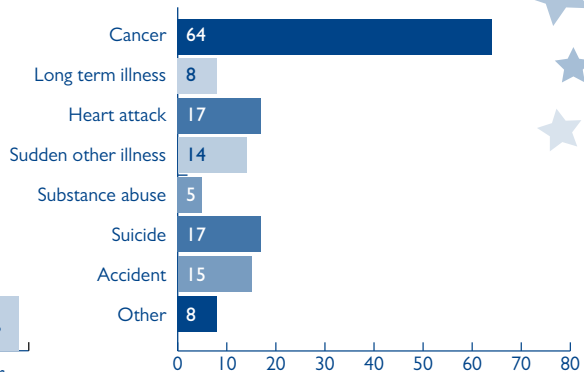
Age range and gender

Age	Female	Male	TOTAL
0-4	22	14	36
5-7	30	31	61
8-11	50	38	88
12-16	42	40	82
17-19	16	16	32
	160	139	299

Who dies or is ill



Cause of death



INCOME AND EXPENDITURE	UNRESTRICTED	RESTRICTED	TOTAL FUNDS 2008	TOTAL FUNDS 2007
Incoming resources from generated funds				
Donations	269,156	55,664	324,820	221,252
Events and training	59,265	-	59,265	20,231
Investment income	8,465	-	8,465	3,995
Other incoming resources	2,255	-	2,255	1,713
Total incoming resources	339,141	55,664	394,805	247,191
Resources expended				
<i>Costs of generating voluntary income</i>	59,568	-	59,568	65,910
<i>Charitable expenditure</i>				
Bereavement child support	48,347	843	49,190	48,627
Schools and family links	52,507	-	52,507	42,139
Macmillan pre-bereavement project	-	40,886	40,886	42,672
Volunteer training and expenses	3,428	-	3,428	2,620
Clinical staff costs	4,041	-	4,041	2,405
Support costs	29,634	13,935	43,569	32,715
<i>Governance</i>	1,702	-	1,702	1,834
Total resources expended	199,227	55,664	254,891	238,922
Net movement of funds for the year	139,914	-	139,914	8,269
Funds brought forward at 01 07 2007	105,131	-	105,131	96,862
Funds carried forward at 30 06 2008	245,045	-	245,045	105,131

Treasurer's report

The total income for the year to 30 June 2008 was £394,805. £50,000 was in the form of a restricted grant from Macmillan Cancer Support for pre-death work, and other restricted donations totalled £5,664. Community fundraising and donations received from charitable trusts amounted to £269,156 and events and training activities generated income of £59,265. We are most grateful to all our donors for their continuing support, on which we depend to continue the work of SeeSaw.

Total expenditure was £254,891 of which £193,621 was spent on the charitable activities of SeeSaw. The cost of fundraising activities was £59,568 and £1,702 was expended on the charity's governance costs.

The charity's objective during the period was to maximise its income to strengthen its position in an environment of uncertain future income streams. The satisfactory result was that its income increased by 60%

over the previous year and exceeded expenditure by £139,914. Services continued to develop during the period. The work of SeeSaw is carried out by six staff members and a highly-valued team of unpaid volunteers.

The balance sheet shows brought forward funds at 1 July 2007 of £105,131. The net movement of funds during the year was a surplus of £139,914 resulting in carried forward funds of £245,045. The designated building reserve of £30,000 has been maintained in order to ensure that funds are available to support a move in premises, should this be necessary in the future. The trustees have a policy of establishing reserves at a level sufficient to ensure that all obligations to our staff can be met and that the charity's future services can be maintained. The trustees ensure that all reserves are prudently invested.

Alun Evans | TREASURER

SeeSaw

Balance sheet at 30|06|2008

	2008	2007
Fixed assets		
Tangible assets	395	3,906
Current assets		
Stock	2,414	1,961
Debtors	19,299	14,153
Short term deposits at bank	65,273	65,000
Cash at bank and in hand	219,608	47,186
	306,594	128,300
Creditors:		
amount falling due within one year	(61,944)	(27,075)
Net current assets	244,650	101,225
Net assets less current liabilities	245,045	105,131
Funds		
Restricted	0	0
Unrestricted	215,045	75,131
Designated building fund	30,000	30,000
	245,045	105,131

Summary of accounts

The statement of financial activities and balance sheet, have been extracted from the SeeSaw annual accounts for the year ended 30 June 2008. The accounts have been reviewed by the reporting accountants who have raised no concerns about them. The accounts were approved by the Annual General Meeting of SeeSaw on 20 October 2008 and are due to be submitted to the Charity Commission.

These summarised accounts may not contain sufficient information to allow a full understanding of the financial affairs of SeeSaw. For more information, the full annual accounts and accountant's report on those accounts are available from SeeSaw.

BANKERS | CAF Bank Ltd
Kings Hill
West Malling
Kent
ME19 4TA

REPORTING | Wenn Townsend
ACCOUNTANTS | Chartered Accountants
30 St Giles
Oxford
OX1 3LE

Accountant's Report

We have examined the summarized financial statements included in this annual report. The Trustees are responsible for the preparation of financial statements; we have agreed to report our opinion on their consistency with the full financial statements. We have carried out the procedures necessary to ascertain whether the summary is consistent with the full financial statements from which they have been prepared. In our opinion, the summarized financial statements are consistent with the full financial statements for the year ended 30 June 2008.

SOLICITORS | Henmans
5000
Oxford Business Park
Oxford
OX4 2BH

Wenn Townsend | CHARTERED ACCOUNTANTS

SeeSaw in Oxfordshire

SeeSaw's serves the Oxfordshire community and we provide a high quality service to bereaved children, their families and anyone who needs advice, training or support in caring for bereaved children and young people.

However SeeSaw could not exist without the support of the community in return.

Support from the people of Oxfordshire. This support comes in many different forms. An individual may fundraise for us, or even train as one of our Volunteer Support Workers. Someone else might make a regular monthly donation or sponsor someone who is running a marathon for SeeSaw. Yet another person might put some spare change in one of our collecting tins or make a point of going along to one of our annual events such as our Charity Fair. All of this support adds up to provide a huge proportion of the funds we need to keep us running.

Support from Oxfordshire charitable trusts. There are a number of local charitable trusts who have given regular support to SeeSaw since our early days. In some cases their initial donations helped the service to get on its feet. Their continuing support is very much appreciated and forms a crucial part of our income.

Support from public funds. Vale of White Horse District Council is continuing their funding commitment to SeeSaw through to 2009, as we work in partnership with them to fulfil their vision of helping children and young people to successfully deal with significant life changes and challenges. We have recently received a grant from Cherwell District Council in recognition of our work with families in their district. This year we received a one-off grant from Oxfordshire PCT to fund our schools project and part-fund our outreach work, in recognition of how SeeSaw promotes healthy outcomes for bereaved young people right across Oxfordshire.

Support from local companies. This year saw us "adopted" by local company Nominet as their 'Charity of the Year', alongside continuing sterling support from Research Machines. Not only do these local companies and others like them come up with creative and fun ways to raise funds, but they also ensure that their employees, most of whom live in Oxfordshire, know all about our services. Companies can help us in very practical ways. This year we've reprinted our adolescent leaflet (written by a group of teenagers), thanks to the generous financial support of local company UKAEA. And thanks to a generous grant from the Cooperative Members Fund, we have been able to update and print our Schools Information Pack, which will be distributed to all Oxfordshire schools in the Autumn term of 2008.

Support from local schools. SeeSaw has worked in over 80% of the schools in Oxfordshire and many of them have repaid us with magnificent fundraising efforts. We also receive support from local churches, temples or mosques, often where an attending family has been helped by SeeSaw.

Support from all of our partners. SeeSaw could not work in isolation. Often we work in cooperation with schools, churches, hospices, GP surgeries and the child and adolescent mental health services. This is what working as a community means.

SeeSaw is able to work with and support the Oxfordshire community thanks to all of the wonderful community support we receive. Please spread the word about SeeSaw in Oxfordshire, and help us to continue to build this all important local support.

SeeSaw's Trustees

SeeSaw was established when a group of health professionals in Oxfordshire identified the need for a bereavement support service aimed specifically at children. Many of those professionals went on to become SeeSaw Trustees, and continue to shape and steer the service.

Our Trustees' skills, experience and diverse backgrounds mean that they are able to support the staff and play an active role in moulding the future of the charity. All are volunteers.

Dr Gillian Forrest (Chair) is a Consultant Child Psychiatrist and Honorary Senior Lecturer at the University of Oxford. She has published research on perinatal death, staff support at a children's hospice and children's reactions to a diagnosis of maternal breast cancer.

Terence Cross (Secretary) is a retired publisher. He is a volunteer with the Sobell House Bereavement Service and with a mental health charity. He is also a member of the advisory groups for PLATO.

Alun Evans (Treasurer) is a Chartered Accountant. He is a Director of a national company.

Julia Palejowska is a Chartered Accountant. She is Finance Manager of an Oxford College.

Ann Couldrick is a bereavement specialist. Her research and report in 1997 "The Support Needs of Bereaved Children and Young People in Oxfordshire" demonstrated the need for SeeSaw. She was a Macmillan nurse, before becoming Senior Nurse at Sir Michael Sobell House Hospice, where she helped establish the Sobell House Bereavement Service.

Dreana Higton is a Senior Practitioner with Oxfordshire Social Services Children and Families Department.

Dr Roger Higton is a science teacher at an Oxfordshire school and ICT specialist. He is an experienced educationalist and writer.

Linda Johnston is an Educational Psychologist within the Oxfordshire Education Department and a qualified Family Therapist.

Dr Marilyn Relf is Head of Education at Sir Michael Sobell House, and President of the UK's Bereavement Research Forum. Together with Ann Couldrick, she pioneered the involvement of volunteers in bereavement care. She is a member of the editorial board of Bereavement Care and is Director of Studies for Working with Bereaved Adults, a post-graduate certificate.

Kay Symons is a consultant and trainer for the educational publishing industry, specialising in strategy, finance and marketing.

Mary Thompson retired from a senior post at Naomi House Hospice, having worked as Head Nurse at Helen House Hospice for many years. Mary also has many years' experience in community fundraising.

Jacqueline Worswick was closely involved in the establishment of Helen House, the first hospice for children, named after her eldest daughter. She has written and lectured on children's hospice care, chaired BBC Radio Oxford's Advisory Council and served on one of the Regional Advisory Councils of the BBC.

Chair of Trustees' Message

As you can see from this report, this has been another very busy year for SeeSaw. We are committed to helping bereaved children, their families and schools in the best way possible at what is a very difficult and challenging time of their lives. We need ongoing help from all our supporters to enable SeeSaw to continue to develop, to ensure that we can achieve this. Next year we are hoping to expand our service through the 'Side by Side' initiative, and we hope that we will be able to find all the resources we need to do this.

On behalf of the Trustees, I would like to add my thanks to everyone who has contributed to SeeSaw over this past year – our dedicated staff team, our volunteers and support workers, all our fundraisers and Do-Good the dog!

Thank you

SeeSaw would like to sincerely thank everyone who has contributed in the last year. Particular thanks to:

Groups, Schools, Churches and Businesses

Abingdon Round Table
Abingdon 41 Club
Abingdon District Scout Council
Aelfric Lodge
Ambit
Amery Lodge
Appleton PCC
Asthall Leigh Arts & Crafts Fair Awards For All
Bat and Ball, Cuddesdon
Beachborough School
Berkshire Granfers Bowling Association
Bicester Concert Band
Big Girls Blouse
Books Forever
Borders, Oxford
Bosom Friends
Box of Delights, Woodstock
Brasenose College
Brookwood Accountancy
Caldarium M.C.C.
Catholic Women's League
Witney
Chapman Beauvais Ltd
Cherwell School, The
Cock Inn, Combe
Cokethorpe School
College Oak, Abingdon
Cooper School
Co-operative Group
Cothill School & Educational Trust

The Crispin, Harwell
The Dragon School
E.B.I. Foods Ltd
Electrocomponents Plc
Filkins Christian Fellowship
Fitch 10K Team
Fox FM
Hagbourne Parish Church Council
Harley Davidson Oxford Chapter
Harwell Bowling Club
Headington School
Headington Quarry School
HSBC Bank
Jack FM
Kiddington Kindergarten
Kinetic
Le Patisserie, Summertown
Lord Williams School
Macmillan Cancer Relief
Magdalen College School
Manches LLP
The Marlborough School
2nd Didcot (Methodist)
Scouts
Nominet
Old Bookbinders Ale House, Oxford
Oxfordshire County Council
Oxford Flower Club
Oxford Academy of Dance
Oxford Venturers Woodcraft
Folk
Oxfordshire Primary Care Trust
Park Children's Fund
Premier League - Creating Chances
Press to Print
RAF Brize Norton
RAOB Butt Lodge

Research Machines plc
Roke and Benson Band
Rose and Crown, Chilton
Rotary Club of Wantage
RWE Npower
Sandhills Primary School
Sobell House Hospice
Charity
SS Mary and John School
STL Communications
Stephen Freeman School
1st Electronix
St Edburg's Church
St Hilda's College
St Helens Church PCC
St Helen & St Katharine School
St James' Sunday School
St Johns Church
St Kenelm's Church
St Mary's Church, Charlbury
St Matthew's Church, Harwell
St Michael's Church, Blewbury
St Nicholas Church
St Peter's Church
SeeSaw Candlelit Dinner Committee
SeeSaw Summer Fair Committee
Summerfields School
Summertown United
Reformed Church
Teddy Bears of Witney
Thames Valley Police
Trinity College
The Tythe Barn
Vale of White Horse D.C.
The V Project
Waitrose (Witney)
Wallingford Lions Club
Watlington Judo Club

Wheatley CE Primary School
Wheatley Mother & Toddler Group
Windrush Club
WPS Media
Young Friends of SeeSaw

Individuals

Debbie Bagnall
Helen Bailey
Jeremy and Sophie Banks
Jim Birnie
Judith Penrose Brown
Raymond Blanc
David Brind and family
Colin Dexter
Felicity Feeney
Janet Franklin
Martin Gibbs
Ginny and Elizabeth Grant
Peter Grimwade
Andy Grout
Susannah and Graham Maxa
Samantha and Bob Munt
Sylvia McLintock
Margaret and Roy Morris
Julia and Eric Newnham
Mike and Abigail Panzeri
Annie Peppiatt
Joy Roscoe
Marc Rowland
Tim Stimpson
Julie Stribling
Hans Sundin
Yvonne Thompson
Vanessa Tustain
Sally Wyke

Charitable Trusts and Foundations

Abbey, Abell, Alchemy, Ammco, Bartle Family, Bartlett Taylor, Beatrice Laing, Cadogan Charity, Charles Hayward, Charity of Thomas Dawson, Chelsea Building Society, CHK Charities Limited, Cooper, Coutts, De Vere Hunt, DLM, Doris Field, Elizabeth Jane, Eloise & Katie Memorial Trust, Fuserna Foundation, Grace S L Booth, Gyrry, Harold Smith, HDH Wills 1965, Helen Roll Charity, Hon M L Astors 1969 Charity, John Ackroyd, Joyce Chapman, Karen June Thornton, Lucy Woodward, Magdalen College, Marston, Mary Webb, Matthews Wrightsons, Michael Shanly, Miss W E Lawrence, Norman, Odin, Oldhurst, Pamela Barlow, Percy Bilton, Raymond Grant, Reuben, Richard Desmond, Robert Gavron, Sarsen, Schuster, Sir Jules Thorn, Souldern, St James's Place Foundation, St Michael's and All Saints Charities, Tanner Trust, 29th May 1961, Tobit, Tom Hall, Toy Trust, Triangle 1949 Fund, Truemark Trust, Wallace & Gromit's Children's Charity.



Grief Support
for the Young in Oxfordshire
REG. CHARITY N° 1076321

01865 744 768 www.seesaw.org.uk